Table of Completed Training Hours According to the Master in Gestalt Psychotherapy Program – ECTS 128

Theory and Methodology workshops – year 1,2,3

No.	Lecturer	Title of the Topic	Date
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			

Mandatory number of training hours for nine semesters: 360

Different Theoretical and Methodological Approaches to Psychotherapy

No.	Lecturer	Title of the Topic	Date
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			

Mandatory number of training hours for nine semesters: 95

Research in Psychotherapy

No.	Lecturer	Title of the Topic	Date
1			
2			
3			
4			

5		
6		
7		
8		

Mandatory number of training hours for nine semesters: 50

Supervision in Small Groups and preparation for Final Examination - Year 3,4,5

No.	Trainer	Year
1		
2		
3		
4		
5		
6		
7		
8		

Mandatory number of training hours for last four semesters: 165

Supervision with visiting Supervisors – Year 3,4,5

No.	Trainer	Date
1		
2		
3		
4		
5		
6		
7		
8		

Mandatory number of training hours for last four semesters: 60

Theory and methodology of supervision

No.	Trainer	Title of the Topic	Date
1			
2			
3			
4			
5			
6			
7			
8			

Mandatory number of training hours for nine semesters: 60

Theory/methodology/personal therapy/ in Small experiential Groups and 4 mandatory workshops per year – year 1,2,3 in small groups

No.	Trainer	Year
1		
2		
3		
4		
5		
6		
7		
8		

Mandatory number of training hours for nine semesters: 485

Personal Therapy – Conducted through Individual Sessions

No.	Therapist	Date
1		
2		
3		
4		
5		
6		
7		
8		

Mandatory number of training hours for nine semesters: 75

Clinical Practice 1: year 2

No.	Mentor	Date
1		
2		
3		
4		
5		
6		
7		
8		

Mandatory number of training hours for two semesters: 75

Clinical Practice 2: Psychotherapeutic Work with Real Clients – year 3,4,5

No.	Placement	Mentors	Date

1		
2		
3		
4		
5		
6		
7		
8		

Mandatory number of training hours for the last five semesters: 400

Assignment Papers:

It is required to write, present and defend 16 assignments papers in front of teacher/mentor.

No.	Module Title	Title of Paper	Examiner	Student's Year of Study at Time of Defense	Date of Defense
1	History and roots of Gestalt therapy				
2	Theory of Gestalt therapy				
3	Human organism and environment				
4	Techniques of Gestalt therapy 1				
5	Assesment and Diagnosis				
6	Psychopathology from a Gestalt relational perspective				
7	The Gestalt therapist in the therapeutic relationship				
8	Fields and strategies of application				
9	Principles and applications of ethics				
10	Techniques of				

	Gestalt therapy 2		
11	Different psychotherapeutic approaches		
12	Peer experience groups with supervision		
13	Core placement 1		
14	Core placement 2		
15	Supervision		
16	Personal therapy		

17. The final exam	ı will be d	efended be	efore an	examination	committee	of three	members ii
Month, Year							

Total time in hours: ECTS 128	
Name Surname and signature of Trainee: _	
Date:	