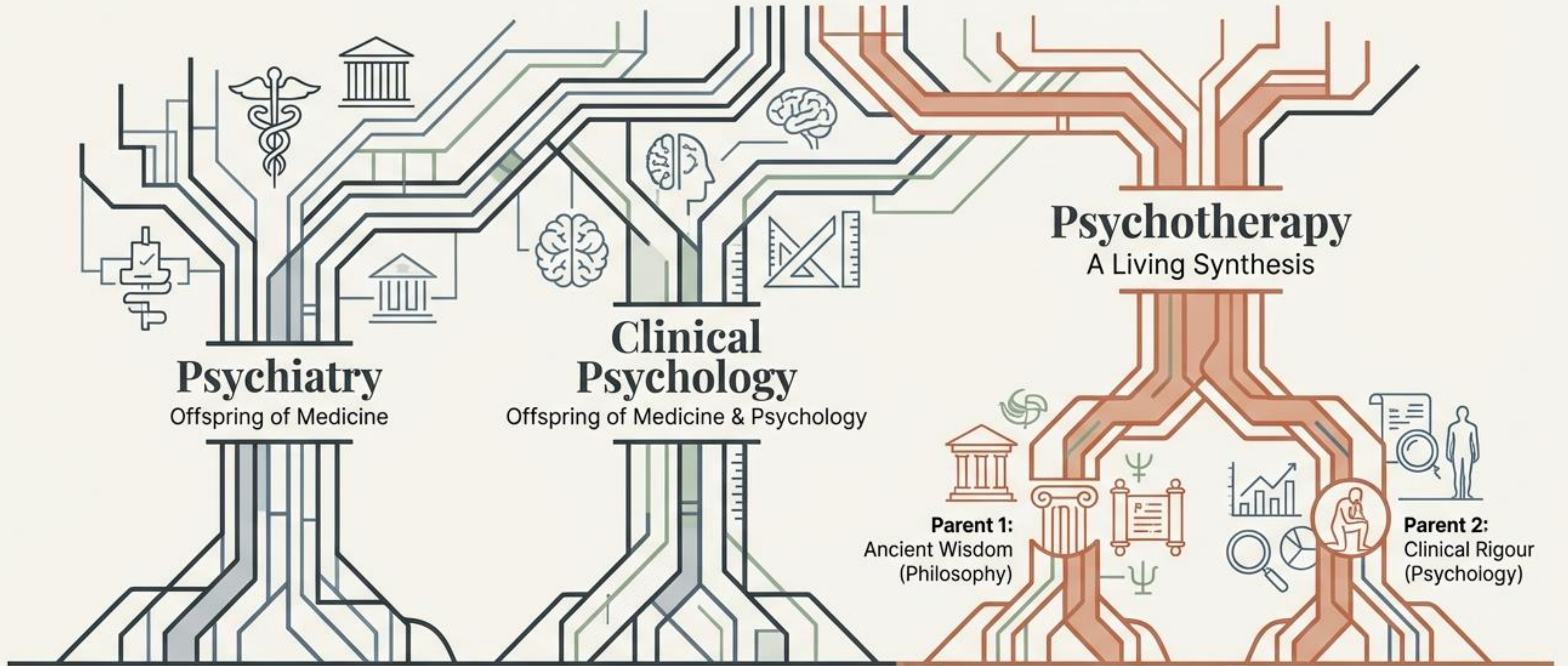
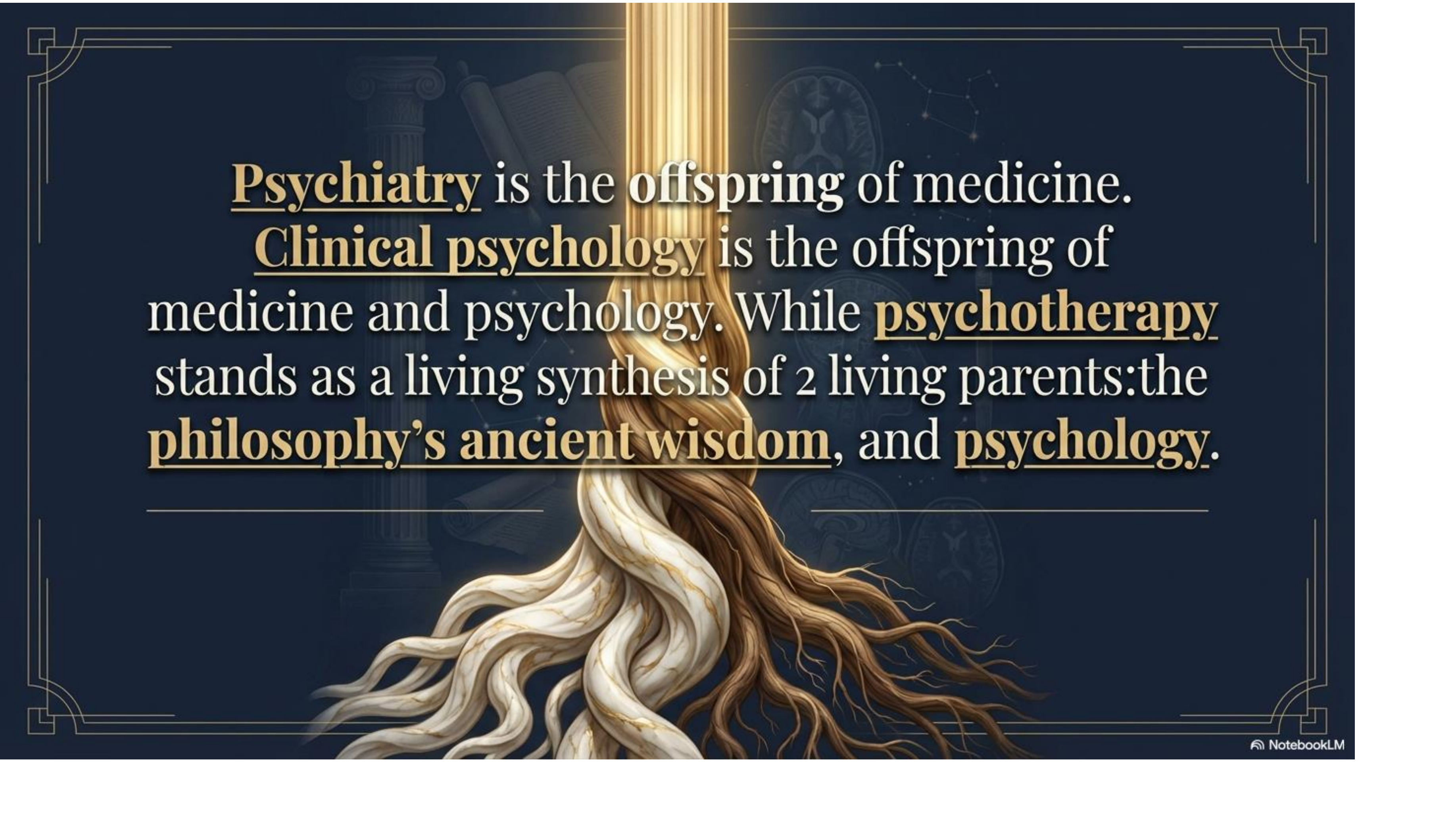


The Lineage of the Mind

Psychotherapy: The Synthesis of Two Living Parents





Psychiatry is the offspring of medicine.
Clinical psychology is the offspring of
medicine and psychology. While psychotherapy
stands as a living synthesis of 2 living parents: the
philosophy's ancient wisdom, and psychology.

The 2018 Turning Point: Cap. 587



Legislation: Psychotherapy Profession Act (Cap. 587)



Regulatory Body: Psychotherapy Profession Board (PPB)



Oversight: Ministry for Social Policy and Children's Rights



Impact: Transformation from evolving practice to regulated profession.

ACT
2018

A Protected Title



PSYCHOTHERAPIST

The Restriction

Title protected by law.
Usage restricted to
warranted professionals
only.

The Milestone

First warrants issued:
20 September 2018.

The Register

Public list of qualified
modalities:
Gestalt, Psychodynamic,
Systemic, Existential.

The Warrant: Prerequisites



Citizenship

Maltese, EU Citizen, or holder of work authorization.



Qualification

Recognized training aligned with MQF Level 7 or 8.



Good Character

Demonstrated fitness to practice.



Standards

Adherence to PPB educational and training criteria.

The Application Process



Submission

Application to the
Psychotherapy
Profession Board
(PPB).



Assessment

Board verifies
equivalence of
qualifications.



Outcome

Entry into the
Warrant Register.

A Commitment to Growth: Mandatory CPD

Goal:
Enhance skills
and develop
competencies beyond
formal training.

**3 Year
Cycle**

Requirement:
Mandatory for all
warranted
psychotherapists.

Condition: Warrant
renewal depends on
proof of completion.

The CPD Ecosystem



Supervision
(Annual Requirement)



Conferences & Workshops

Research & Publication



Board & Committee Service



Personal Therapy
(Self-Experience)



Maintain 'CPD Activity Log' for Audit

Career Breaks & Re-entry



Breaks < 3 Years

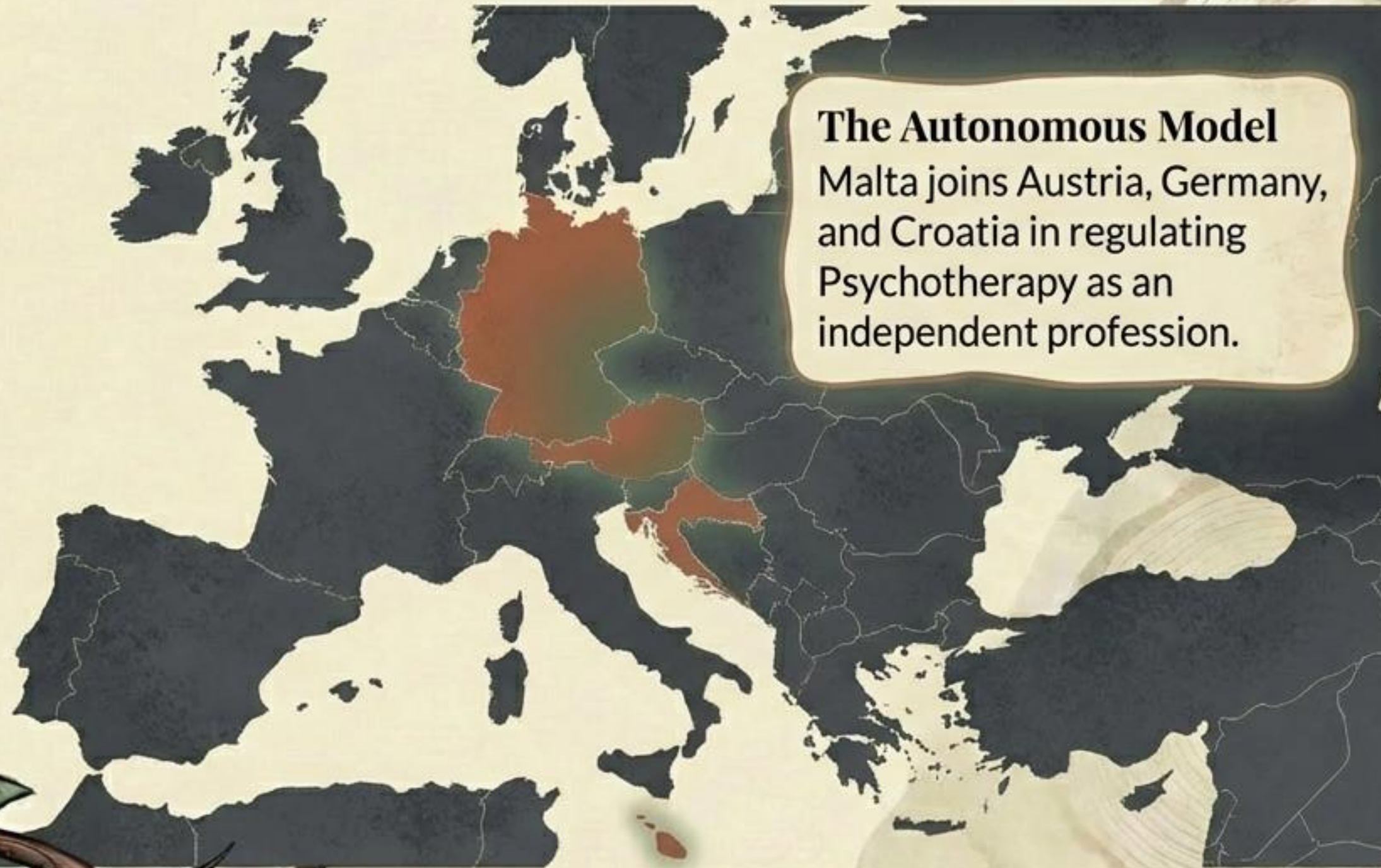
Requirement: 20 hours CPD per year of break before reactivation.



Breaks > 3 Years

Requirement: Board Consultation to determine re-entry path.

The Maltese Model in Europe



The Autonomous Model

Malta joins Austria, Germany, and Croatia in regulating Psychotherapy as an independent profession.

vs.

Sub-Specialization Model

(Medicine/Psychology)
or Voluntary
Regulation.

European Alignment & Mobility

ESCO (2014)

Formal distinction between
'Psychotherapist' and
'Psychologist'.



MALTA

EAP Representation

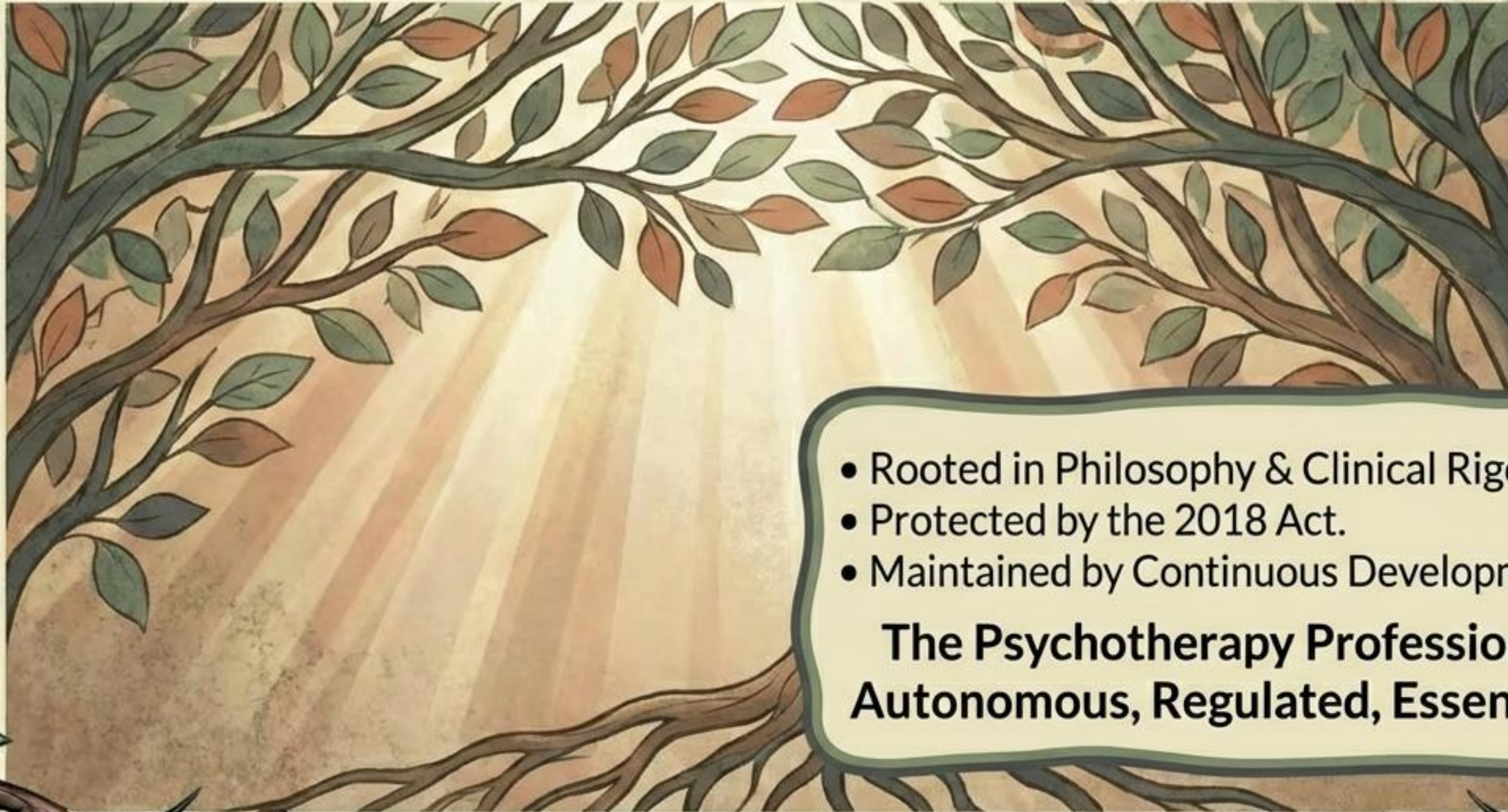
Malta Association of
Psychotherapists (MAP)
as National Umbrella
Organisation.

Common Training Framework

2021 Submission:
Standardizing cross-
border mobility.



A Regulated, Noble Profession



- Rooted in Philosophy & Clinical Rigour.
- Protected by the 2018 Act.
- Maintained by Continuous Development.

**The Psychotherapy Profession:
Autonomous, Regulated, Essential.**