

Table of Completed Training Hours According to the Master in Gestalt Psychotherapy Program – ECTS 128

T1. Theory and Methodology workshops – year 1,2,3

No.	Lecturer	Title of the Topic	Date
1			
2			
3			
4			
5			
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9			
10			
11			
12			
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14			
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16			
17			
18			
19			
20			
21			
22			
23			
24			

Mandatory number of training hours for nine semesters: 360

T2. Different Theoretical and Methodological Approaches to Psychotherapy

No.	Lecturer	Title of the Topic	Date
1			
2			
3			
4			
5			
6			
7			
8			

Mandatory number of training hours for nine semesters: 95

T3. Research in Psychotherapy

No.	Lecturer	Title of the Topic	Date
1			
2			
3			
4			

Mandatory number of training hours for nine semesters: 50

T4. Supervision in Small Groups and preparation for Final Examination - Year 3,4,5

No.	Trainer	Year
1		
2		
3		
4		

Mandatory number of training hours for last four semesters: 165

T5. Supervision with visiting Supervisors – Year 3,4,5

No.	Trainer	Date
1		
2		
3		
4		

Mandatory number of training hours for last four semesters: 60

T6. Theory and methodology of supervision

No.	Trainer	Title of the Topic	Date
1			
2			
3			
4			

Mandatory number of training hours for nine semesters: 60

T7. Theory / Methodology / Personal Therapy / Small Experiential Weekly Groups + 4 Mandatory Workshops per Year – Years 1-3, first 6 semesters

Mandatory workshops are included in the annual fee and are not paid separately.

Year	Semesters	Small	Workshops – 4	Total per Year
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		Experiential weekly Groups (hours)	× 15h (hours)	(hours)
Year 1	Semesters 1 & 2	105	60	165
Workshop				
Workshop				
Workshop				
Workshop				
Year 2	Semesters 3 & 4	100	60	160
Workshop				
Workshop				
Workshop				
Workshop				
Year 3	Semesters 5 & 6	100	60	160
Workshop				
Workshop				
Workshop				
Workshop				

Total mandatory hours for the first 6 semesters (Years 1–3): 485

T8. Personal Therapy – Conducted through Individual Sessions

No.	Therapist	Date
1		
2		
3		
4		
5		
6		
7		
8		

Mandatory number of training hours for nine semesters: 75

T9. Clinical Practice 1: year 2

No.	Mentor	Date
1		
2		
3		
4		
5		
6		
7		
8		

Mandatory number of training hours for two semesters: 75

T10. Clinical Practice 2: Psychotherapeutic Work with Real Clients – year 3,4,5

No.	Placement	Mentors	Date
1			
2			
3			
4			
5			
6			
7			
8			

Mandatory number of training hours for the last five semesters: 400

T11. Assignment Papers:

It is required to write, present and defend 16 assignments papers in front of teacher/mentor.

No.	Module Title	Title of Paper	Examiner	Student's Year of Study at Time of Defense	Date of Defense
1	History and roots of Gestalt therapy				
2	Theory of Gestalt therapy				
3	Human organism and environment				
4	Techniques of Gestalt therapy 1				
5	Assesment and Diagnosis				
6	Psychopathology from a Gestalt relational perspective				
7	The Gestalt therapist in the therapeutic relationship				
8	Fields and strategies of application				

9	Principles and applications of ethics				
10	Techniques of Gestalt therapy 2				
11	Different psychotherapeutic approaches				
12	Peer experience groups with supervision				
13	Core placement 1				
14	Core placement 2				
15	Supervision				
16	Personal therapy				
17	Case study		Mentor's approval		

T12. The final exam will be defended before an examination committee of three members in Month, Year

Total time in hours: ECTS 128

Name, Surname and signature of Trainee: _____

Date: _____